



Diocese of BOISE

OFFICE Of Religious Education and Catechetical Leadership

The Office of Religious Education and Catechetical Leadership supports the mission of the Diocese of Boise by assisting the Bishop in carrying out his role as the chief catechist of the diocese.



Basic Catechist Certification

The Mass- The Eucharistic Liturgy

Kathy Barkdull, Presenter

Opening Prayer - Prayer of St. Ambrose

Who can worthily be present at this sacrifice, unless you, O God, make him worthy?

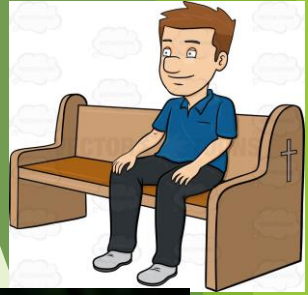
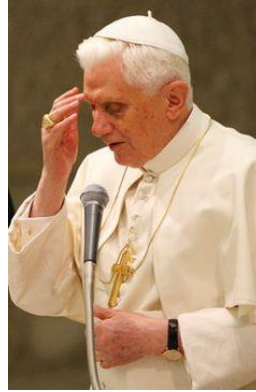
I know, O Lord, truly do I know, and I humbly do confess this to your loving kindness, that I am unworthy to approach so great a mystery, by reason of my numberless sins and negligences; but I know, and truly with my own heart do I believe, and with my tongue confess, that you can make me worthy, you who alone can make that clean which proceeds from that which is unclean, and sinners to be just and holy.

By this your almighty power I pray you, O my God, to grant that I, a sinner, may assist at this sacrifice with fear and trembling, with purity of heart and plenteous tears, with spiritual gladness and heavenly joy.

May my mind feel the sweetness of your most blessed presence, and the love of your holy angels, keeping watch around me.

Amen.

The Mass - Eucharistic Liturgy



The Official Worship of the Church



“The Holy Spirit draws together the community of the faithful as the Church, the Body of Christ, and leads the Church in giving praise and thanks to the Father. The Church, then, is a worshiping community of believers in the Lordship of Jesus Christ - believers who, through the outpouring of the Holy Spirit, acknowledge their absolute independence on God, the Father.”

National Catholic Directory

The People of God in Christ's Work

“Every liturgical celebration, because it is an action of Christ the Priest and of his Body, which is the Church, is a sacred action surpassing all others.” No other action of the Church can equal its efficacy by the same title and to the same degree.”

“In the liturgy, all Christian prayer finds its source and goal.”

National Directory for Catechesis



“Do this in Memory of Me”

“For I received from the Lord what I also handed on to you, that the Lord Jesus, on the night he was handed over, took bread, and, after he had given thanks, broke it and said, ‘This is my body that is for you. Do this in remembrance of me.’ In the same way also the cup, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” For as often as you eat this bread and drink the cup, you proclaim the death of the Lord until he comes. 1 Cor. 11:23-26



The Mass as Sacrifice

- ▶ A real sacrifice.

“In the divine sacrifice which is celebrated in the Mass, the same Christ who offered himself once in a bloody manner on the altar of the cross is contained and offered in an unbloody manner.” CCC 1367

- ▶ Memorial

*“The Eucharist is thus a sacrifice because it **represents** (makes present) the sacrifice of the cross, because it is its **memorial** and because it **applies its fruits**.”* CCC 1366

The Real Presence of Jesus

*“In the most blessed sacrament of the Eucharist ‘the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, **the whole Christ is truly, really, and substantially contained.**’ ‘This presence is called **real** too, but because it is presence in the fullest sense: that is to say, it is a substantial presence by which Christ, God and man, makes himself wholly and entirely present.”*

CCC 1374

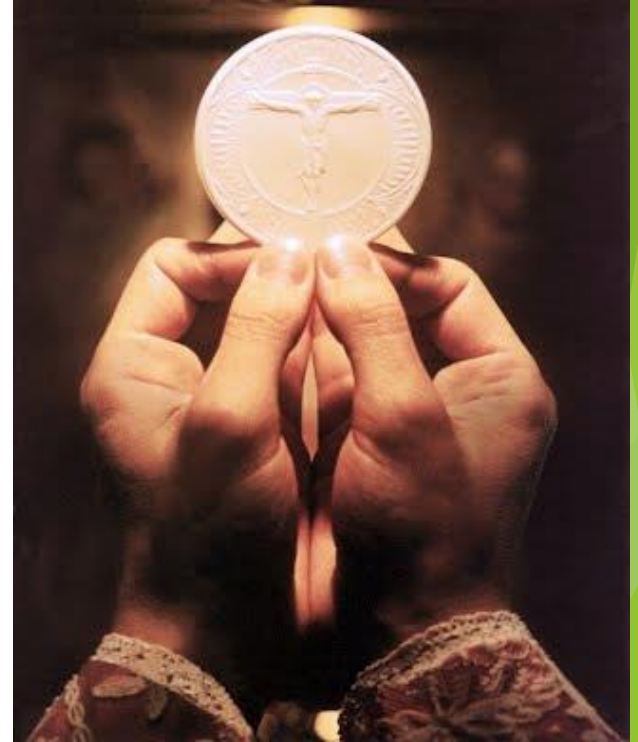
Transubstantiation

“By the consecration the transubstantiation of the bread and wine into the Body and Blood of Christ is brought about. Under the consecrated species of bread and wine Christ himself, living and glorious, is present in a true, real, and substantial manner: his Body and his Blood, with his soul and his divinity.”

CCC 1413 (From the Council of Trent)

“Do not see in the bread and wine merely natural elements, because the Lord has expressly said that they are his body and his blood: faith assures you of this, though your senses suggest otherwise.”

St. Cyril of Jerusalem





“Of all devotions, that of adoring Jesus in the Blessed Sacrament is the greatest after the sacraments, the one dearest to God and the one most helpful to us.”

St. Alphonsus Liguori

“When we rest in the Lord’s presence in the Eucharist, it is as if we become like the beloved disciple who rested on Jesus’ breast at the Last Supper.” Pope John Paul II

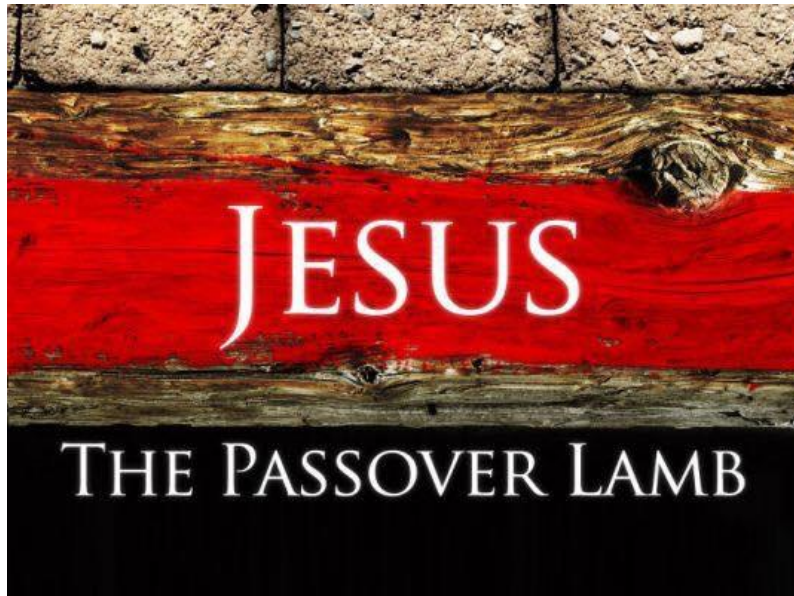


“Jesus awaits us in the sacrament of love. Let us not refuse the time to go to meet him in adoration, in contemplation full of faith...Let our adoration never cease.”

Pope John Paul II

Eucharist as Communion





“Christ, our paschal lamb, has been sacrificed. Let us, therefore, celebrate the festival.”

1 Cor. 5: 7-8

“The celebration of the Eucharistic sacrifice is wholly directed toward the intimate union of the faithful with Christ through communion. To receive communion is to receive Christ himself who has offered himself for us.”

CCC 1382

Food for the Journey

“... he rose from supper and took off his outer garments. He took a towel and tied it around his waist. Then he poured water into a basin and began to wash the disciples feet and dry them with the towel around his waist. ... So when he had washed their feet and put his garments back on and reclined at table again, he said to them, “Do you realize what I have done for you? You call me ‘teacher’ and ‘master,’ and rightly so, for indeed I am. If I, therefore, the master and teacher, have washed your feet, you ought to wash one another’s feet.”

John 13: 4-5, 12-14





“They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved.”

Acts 2: 42-43, 46-47

The History of the Mass

- ▶ The Last Supper
- ▶ The Early Christian Church
- ▶ The Destruction of the Temple



St. Justin Martyr

One of the most important Greek Philosophers and Christian Apologists of his time.



“On the day we call the day of the sun, all who dwell in the city or country gather in the same place.

The memoirs of the apostles and the writings of the prophets are read, as much as time permits.

When the reader has finished, he who presides over those gathered admonishes and challenges them to imitate these beautiful things.

Then we all rise together and offer prayers for ourselves...and for all others, wherever they may be, so that we may be found righteous by our life and actions, and faithful to the commandments, so as to obtain salvation.

When the prayers are concluded we exchange the kiss.

Then someone brings bread and a cup of water and wine mixed together to him who presides over the brethren.

*He takes them and offers praise and glory to the Father of the universe, through the name of the Son and of the Holy Spirit and for a considerable time he gives thanks (in Greek **eucharistian**) that we have been judged worthy of these gifts.*

When he has concluded the prayers and thanksgiving, all present give voice to an acclamation by saying: ‘Amen.’

When he who presides has given thanks and the people have responded, those whom we call deacons give to those present the “eucharisted” bread, wine and water and take them to those who are absent.”

Catechism of the Catholic Church 1345

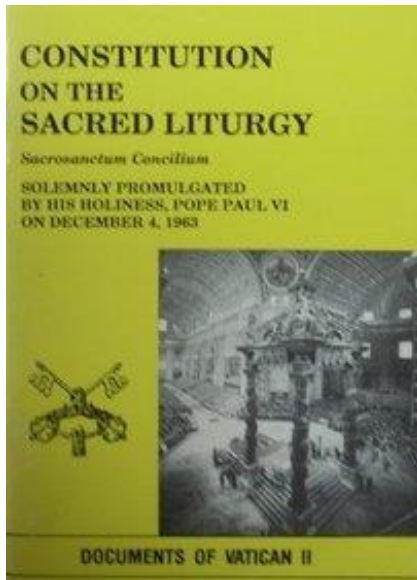
The Council of Trent



- ▶ A response to the Protestant Reformation
- ▶ Communion under either form
- ▶ Masses in honor of the Saints
- ▶ Tridentine Mass

Vatican II

- ▶ Pope John XXIII
- ▶ Need for Liturgical renewal
 - ▶ A sacred ritual done *for* not *by* the congregation.
 - ▶ Liturgical renewal in the Monasteries.
 - ▶ Pope Pius X
 - ▶ Pope Pius XII
- ▶ Constitution on the Sacred Liturgy



- ▶ Liturgy that is the source and summit of all the Church's activity.
- ▶ Full, conscious and active participation of everyone.
- ▶ Not just the Mass, but the entire liturgical system.
- ▶ Allow for the use of the vernacular.
- ▶ Receiving Communion under both species is encouraged.
- ▶ Concelebration by multiple priests.
- ▶ The restoration of the Catechumenate for Adults.
- ▶ *Extreme Unction* renamed *Anointing of the Sick*.
- ▶ Encouragement of the laity to participate in the Divine Office or Liturgy of the Hours.
- ▶ The development of The Liturgical Year.
- ▶ Forms of music that enable active participation.
- ▶ Church buildings designed with active participation of the faithful in mind.

“For it is the liturgy through which, especially in the divine sacrifice of the Eucharist, “the work of our redemption is accomplished,” and it is through the liturgy, especially that the faithful are enabled to express in their lives and manifest to others the mystery of Christ and the real nature of the true Church. (SC, #2)

It does something in us, for us, to us so that we may do something in, for, and to the world.

General Instruction of the Roman Missal



“No other person, not even if he is a priest, may on his own initiative add, remove, or change anything in the liturgy.”

Congregation for Divine Worship and Discipline of the Sacraments,
USCCB.

The Liturgy of the Church and the Paschal Mystery

“The rites of the Church are now - more than before the Second Vatican Council - clearly identified with the Paschal Mystery of Christ, adequately integrated with the Eucharist as the principal celebration of that mystery, and directly related to the experiences of individual Christians and communities of faith.”

“In the Mass, the Eucharist constitutes the principal liturgical celebration of the Paschal Mystery of Christ and the ritual memorial of our communion in that mystery. Acting through the ministry of the priests, the bread and wine become - through Transubstantiation - Christ himself. Christ offers the Eucharistic sacrifice and is really present under the species of bread and wine.”

National Catholic Directory for Catechesis



“From the time of the apostles, beginning with the actual day of Christ’s Resurrection, the Church has celebrated the Paschal Mystery every first day, Sunday, the Lord’s Day.”

*“The Eucharist is the memorial of Christ’s
Passover, that is, of the work of salvation
accomplished by the life, death, and
resurrection of Christ, a work made present
by the liturgical action.”*

CCC 1409

The Eucharistic Liturgy, the Mass, is that liturgical
celebration handed down to us from the apostles
in memory of the Paschal Mystery!

The Mass points toward the eschatological.....



Thus from celebration to celebration, as they proclaim the Paschal mystery of Jesus “until he comes” the pilgrim People of God advances, “following the narrow way of the cross,” toward the heavenly banquet, when all the elect will be seated at the table of the kingdom of God.

CCC 1344

The Mass and its place among the Sacraments as source and summit

“The Eucharist is the heart and the summit of the Church’s life, for in it Christ associates his Church, and all her members with his sacrifice of praise and thanksgiving offered once for all on the cross to his Father; by this sacrifice he pours out graces of salvation on his Body which is the Church.”

CCC 1407

The Structure of the Mass



“The beauty of the liturgy is part of this mystery; it is a sublime expression of God’s glory and, in a certain sense, a glimpse of heaven on earth.” ~
Sacramentum Caritatis

The Introductory Rites

- ▶ Entrance
- ▶ Greeting
- ▶ Penitential Act
- ▶ Glory to God
- ▶ Collect



Liturgy of the Word

- ▶ A Reading from the Old Testament
- ▶ The Responsorial Psalm
- ▶ A Reading from the New Testament
- ▶ The Gospel
- ▶ The Homily
- ▶ The Profession of Faith
- ▶ Prayers of Intercession



Liturgy of the Eucharist

- ▶ Preparation of the Gifts
- ▶ The Eucharistic Prayer
 - *Thanksgiving*
 - *Acclamation*
 - *Epiclesis*
 - *Institution Narrative*
 - *The Anamnesis*
 - *The Concluding Doxology*
- ▶ The Communion Rite
 - The Lord's Prayer
 - The Rite of Peace
 - The Fraction Rite
 - The Reception of Communion
 - The Prayer after Communion



The Concluding Rites

- ▶ Brief Announcements
- ▶ The Blessing of the people
- ▶ Dismissal of the people
- ▶ Kissing of the altar
- ▶ Recessional





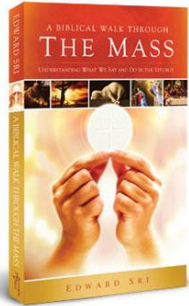
In Conclusion...

“There is no surer pledge or clearer sign of this great hope in the new heavens and new earth ‘in which righteousness dwells,’ than the Eucharist. Every time this mystery is celebrated, ‘the work of our redemption is carried on’ and we ‘break the one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live forever in Jesus Christ’”

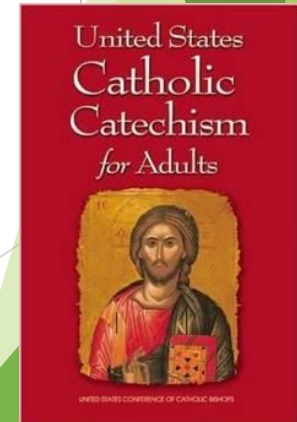
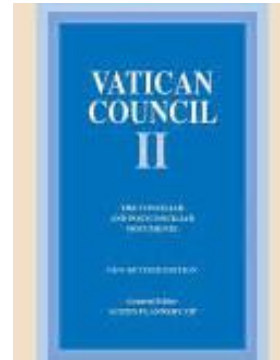
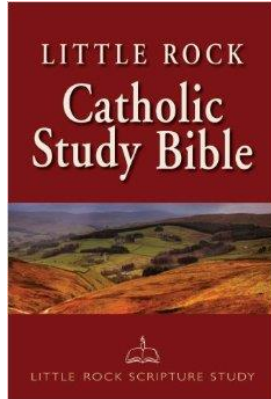
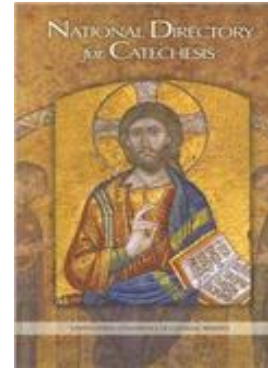
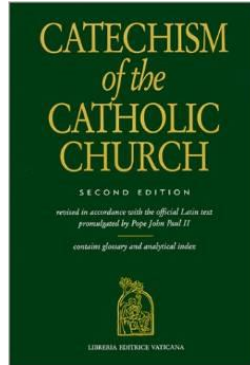
CCC 1405



Resources



A Biblical Walk through The Mass: Understanding What We Say and Do in the Liturgy, Edward Sri



Diocese of Boise

Office of Religious Education and Catechetical Leadership



Jackie Hopper, Director
208-350-7541

jhopper@rcdb.org
www.catholicidaho.org

Reflection Questions

- ▶ What has been your experience of Mass at various times in your life? What has helped you to become a more active participant in the celebration of the Eucharist?
- ▶ Who are the people who have influenced your appreciation of the Celebration of the Eucharist?
- ▶ How does the fact that the structure of the Mass we celebrate today, is basically the same as it was in the early Church over 2000 years ago, influence your understanding of the Mass?
- ▶ How would you explain that the Mass is a “*Sacrifice*” to someone who is not familiar with the Catholic faith?
- ▶ What do we mean when we speak of the Real Presence of Jesus in the Eucharist?
- ▶ What does the term *Transubstantiation* mean to you?
- ▶ What can draw you to visit the Blessed Sacrament more frequently and spend time in adoration of Christ?
- ▶ How does participating in the Mass and the reception of the Eucharist empower you to lead a life of the Humble Servant?

Closing Prayer

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O Good Jesus, hear me.
Within Your wounds hide me.
Suffer me not to be separated from You.
From the malignant enemy defend me.
In the hour of my death call me.
And bid me come unto You,
That with all Your saints,
I may praise You Forever and ever.
Amen.